

Congratulations to all entrants in the Loch Lomond swim including "the lady from the USA" Tina Neill.

Kevin Sanders had two Warrington Dolphins on his crew new recruit Lisa Stout and slightly older recruit yours truly, the third member of the crew being Lisa's boyfriend Paul Savage.

After 14hrs 40mins of swimming once again Kevin Sanders again finished ahead of Kevin Saunders but this time I was rowing a boat !!

Kevin's was an exceptional swim and he made it easy for the crew as he kept very good station with the boat, was in good humour throughout even when we had strong winds for an hour where we struggled to control the boat, and Kevin never complained. Even when we stopped for his last but one feed he said his left shoulder had gone and would rather carry on as he was two miles from the finish, although he did stop an hour later for more chocolate.

The other contribution to Kevin's swim was the support of his family especially his daughter Michelle who came to meet us in her kayak as we passed there campsite at 3am in the morning!!!

It was a swim of firsts as hard to believe it was Lisa and Paul's first experience at crewing and what a swim to chose not only an overnight swim but the longest on the BLDSA calendar.

Without Paul's rowing skills and Lisa keeping us on track along with her preparation and attention to detail (I've never seen someone adjust the flag alpha so often to ensure it was flying correctly) this swim wouldn't have succeeded.

Another first was yours truly as although I had crewed before this was the first time I had been on Loch Lomond.

The final first (apologies for English) was Kevin as not only was this his first overnight swim but his longest as prior to this his longest Open Water swim was 8 miles in Torbay !!!

When we left not satisfied with swimming Loch Lomond Kevin was embarking on an even tougher challengeshopping with his family in Glasgow!!!

Kevin