



SOUTHPORT SWIMMING CLUB MASTERS GALA 2010

Southport Swimming Club is once again holding its' Masters Gala at the Dunes Leisure Centre, Esplanade, Southport on Saturday 6th November 2010 at 6.00pm. The events will comprise of 50m individual events on each stroke, and a 100m individual medley. Team races will again be held at the end of the gala, the number dependent on time, but will again be fiercely contested as those who came last year will remember. Those clubs who only have a few swimmers attending may 'team up' with friends to form a team if they wish.

We hope to hold a presentation hot put supper after the gala. The closing date for entries is 16th October 2010.

The cost of swimming entries is £10 total for any number of events. Swimmers entering 2 events or less is £6. Team races are free.

Please note there will be NO diving in the shallow end of the pool. All competitors swim at their own risk. Lane 1 will be available for diving off the block, 1 length sprints only. We would be very pleased to hear from anyone available to help with the time keeping again.

Prizes will be awarded to the winners of each age group, relays and top visiting club and be presented at the Reception.

The cost of the hot pot supper is £8. Vegetarian option will be available.

Please return the slip below if you wish to attend the evening function.

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Name.....

Club.....

Number of meals.....Vegetarian.....

Cheques payable to Southport Swimming Club please.

PLEASE BE AWARE TRAFFIC WARDENS PATROL THE CAR PARK ON A SATURDAY BEFORE 5.30PM!!

All entries to: Helen Jenkins 7 Wennington Road, Southport PR9 7EU. **CLOSING DATE 16th October 2010.**

Queries: helenjenk3@yahoo.co.uk

SOUTHPORT SWIMMING CLUB MASTERS GALA
DUNES LEISURE CENTRE, ESPLANADE, SOUTHPORT

SATURDAY 6TH NOVEMBER 2010

The Southport Swimming Club Masters Gala will take place this year on Saturday 6th November 2010 at Dunes Leisure Centre, (opposite fairground).

The warm-up will be from 6.00pm and the gala will start at 6.30pm.

Please submit times for your events whenever possible. If it's your first gala you are especially welcome. Team races can be entered on the night but please indicate below if you are likely to have a team. These will be mixed, 2 ladies/2 men ages 160yrs plus.

AGE GROUP (Please circle) 19/24=X 25/29=A 30/34=B 35/39= C 40/44=D 45/49=E
50/54=F 55/59=G 60/64=H 65/69=J 70/74=K 75+ = L

NAME.....

ADDRESS.....

E MAIL ADDRESS/PHONE NUMBER.....

CLUB..... **D.O.B.**..... **MALE/FEMALE**

EVENT

TIME

EVENT 1 LADIES 50M BACKSTROKE.....

EVENT 2 MENS 50M BACKSTROKE.....

EVENT 3 LADIES 50M BREASTSTROKE.....

EVENT 4 MENS 50M BREASTSTROKE.....

EVENT 5 MIXED 4 X 1length IND. MEDLEY.....

EVENT 6 LADIES 50M BUTTERFLY.....

EVENT 7 MENS 50M BUTTERFLY.....

EVENT 8 LADIES 50M FREESTYLE.....

EVENT 9 MENS 50M FREESTYLE.....

EVENT 10 RELAYS (CLUB).....

Entry fees are £10 total for any number of events. £6 for two events or less. Cheques made payable to Southport Swimming Club. Spectators welcome no charge. NB: **Closing date is 16TH October 2010.**

Entries to: Helen Jenkins, 7 Wennington Road Southport PR9 7EU. Phone: 01704 226116